



MARCH 2020

STARLIGHT DANCE STUDIO CLASS SCHEDULE



MONDAY	TIME	STUDIO ONE	STUDIO TWO
	5:30pm		5:30-6:15PM KIDS BALLET (3-6YR) ALEXIS OSUNA (No Class Mar 30th)
	6:15 PM		6:15-7:00PM KIDS BALLET (7-12YR) ALEXIS OSUNA (No Class Mar 30th)
	6:30pm	BEG - COUNTRY WESTERN 2 STEP DAVID & TRISH (No Class Mar 30th)	
	7:30pm	INT - COUNTRY WESTERN 2 STEP DAVID & TRISH (No Class Mar 30th)	ZOUK LAB-INTENSIVE PROGRESSIVE B&P DANCE (2-Hour class)
	8:30pm	BEG/INT - HUSTLE JOHN CHAPARRO	

WEDNESDAY	TIME	STUDIO ONE	STUDIO TWO
	9:00am		ALL LEVELS - ADULT BALLET DEBBIE TORGESON
	11:00am		BEG - BALLROOM ACTIVE SENIORS STEPHEN SHOWERS
	12:00pm	INTRO/BEGINNING WEST COAST SWING LAUREEN BALDOVI	
	1:00pm	BASICS PLUS LAUREEN BALDOVI	
	6:30pm	WEST COAST SWING BASICS BRANDI GUILD	6:15-7:00PM KIDS HIP HOP (3-6YR) ALEXIS OSUNA
7:30pm	NOT-SO BASIC WEST COAST SWING BRANDI GUILD	7:00-7:45PM KIDS HIP HOP (7-12YR) ALEXIS OSUNA	
8:30pm	THE UPSWING SOCIAL DANCE JADE BRYAN	JT SWING TEAM JV PRACTICE LAUREEN BALDOVI (Till 10pm)	

TUESDAY	TIME	STUDIO ONE	STUDIO TWO
	12:30pm	QUICKSTEP VARIATIONS JASON RIVERS	
	1:30pm	FOXTROT TECHNIQUE JASON RIVERS	
	5:30 PM		PILATES MATT CLASS SAREE SAAD
	7:00 PM		BRAZILIAN ZOUK (Level 1) B&P DANCE
	7:30 PM	BEGINNING BALLROOM (RUMBA) NICOLE WOODING (No Class Mar 31st)	
8:00 PM		BRAZILIAN ZOUK (Level 2) B&P DANCE	
9:00 PM		BRAZILIAN ZOUK (Level 3) B&P DANCE	

THURSDAY	TIME	STUDIO ONE	STUDIO TWO
	12:30pm	VIENNESE WALTZ - BEYOND BASICS JASON RIVERS	
	1:30pm	BOLERO - BEYOND BASICS JASON RIVERS	
	6:30pm	NIGHT CLUB 2-STEP PERFORMANCE CLASS DAVID & TRISH (Till 8pm)	BEGINNERS WALTZ DAVID FAN
	7:30pm		BEGINNERS SAMBA DAVID FAN
	8:30pm	BEGINNING HUSTLE JOHN CHAPARRO	

SATURDAY	TIME	STUDIO ONE	STUDIO TWO
	8:30am		8:30 - 10:30AM - BEG - BALLET DEBBIE TORGESON
9:30am	TOTAL BODY WORKOUT JENAN WILFART		

CLASS PRICING	
	\$15 - Drop In / \$7 for Full Time Students
	\$10 - When paying for the month / \$125 for 10 class card

6506 EL CAJON BLVD - SAN DIEGO, CA 92115
(619) 287-9036 www.starlightdance.com



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STARLIGHT DANCE STUDIO



PARTIES			
SOUTHLAND HUSTLE PARTY			
6 FRI	7:30 - 8:30pm	BEGINNING HUSTLE LESSON	INSTRUCTOR: ANDREW DELOZA
	7:30 - 8:30pm	INTERMEDIATE HUSTLE LESSON	INSTRUCTOR: JOHN CHAPARRO
	8:30 - 11:00pm	OPEN DANCING	
\$10 PER PERSON, INCLUDES LESSON AND LIGHT REFRESHMENTS			
ONEZOUK SOCIAL DANCE			
13 FRI	9:00 - 10:00pm	BEGINNING ZOUK	INTERMEDIATE ZOUK
	HOST: ONE ZOUK		
	10:00pm - 2:00 am	OPEN DANCING	
\$10 PER CLASS, \$10 FOR SOCIAL DANCE			
2ND SATURDAY COUNTRY DANCE			
14 Sat	6:00 - 7:00pm	OPEN DANCING	HOST: TRISH CONNERY-WALKUP
	7:00 - 7:30pm	PARTNER DANCING	
	7:30 - 8:00pm	COUNTRY 2 STEP	
	8:00 - 11:00pm	MORE OPEN DANCING	
	\$5/PERSON BEFORE 7:00 PM / \$10/PERSON AFTER 7:00 PM		
3RD FRIDAY BALLROOM PARTY			
20 FRI	7:00 - 7:30pm	AMERICAN RUMBA WORKSHOP	GUEST HOST: JASON & JENNIFER www.starlightdance.com
	7:30 - 8:00pm	FOXTROT WORKSHOP	
	8:00 - 10:00pm	OPEN DANCING	
	\$10 ADMISSION		
INNOVATIONS			
21 Sat	7:00 - 8:00pm	INT WCS WORKSHOP	FREE BEG WEST COAST SWING WORKSHOP
	8:00 - 11:30pm	OPEN DANCING	HOST: INNOVATIONS
	www.innovationsdance.org		
	\$15 NON-MEMBERS/ \$10 MEMBERS, FULL-TIME STUDENTS, MILITARY		
STARLIGHT SWING DANCE			
28 Sat	7:30 - 8:30pm	INT WCS WORKSHOP	HOST: STARLIGHT DANCE STUDIO
	8:30 - 11:30pm	OPEN DANCING	FREE INTRO WCS WORKSHOP
	\$20 WORKSHOP & DANCE / \$10 JUST THE DANCE		

CLASS DESCRIPTIONS	
Intro to West Coast Swing	Learn the basics of the dance
Beg - West Coast Swing	Getting you started
Beg/Int - West Coast Swing	Making you comfortable
Int/Adv - West Coast Swing	Popular variations and styling
Adv - West Coast Swing	Upper level patterns and musicality
Beg - Brazilian Zouk	Learn the basics of the dance, WITHOUT body waves, head movements.
Int - Brazilian Zouk	Learn the flow of the dance, body waves, head movements, etc.
Int/Adv - Brazilian Zouk	Learn all the fun patterns.