



APRIL 2019 STARLIGHT DANCE STUDIO CLASS SCHEDULE



	TIME	STUDIO ONE	STUDIO TWO
MONDAY	5:30 PM		5:30 - 6:15PM KIDS BALLET (3-6YR) ALEXIS OSUNA
	6:15 PM		6:15 - 7:00PM KIDS BALLET (7-12YR) ALEXIS OSUNA
	6:30 PM	BEG - COUNTRY WESTERN 2 STEP DAVID & TRISH	
	7:30 PM	INT - COUNTRY WESTERN 2 STEP DAVID & TRISH	ZOUK SD TEAM PRACTICE - TEAM B BRUNNO & PAULA
	8:30 PM	INT - HUSTLE JOHN CHAPARRO	ZOUK SD TEAM PRACTICE - TEAM A BRUNNO & PAULA

	TIME	STUDIO ONE	STUDIO TWO
TUESDAY	12:30 PM	BEG - EAST COAST SWING BASICS JASON RIVERS	
	1:30 PM	INT - FOXTROT VARIATIONS JASON RIVERS	
	2:30 PM	INT- VIENNESE WALTZ TECHNIQUE JASON RIVERS	
	7:30 PM	BEGINNING BALLROOM NICOLE WOODING	7:30 - 8:30 PM BEGINNERS ZOUK BRUNNO & PAULA
	8:30 PM		8:30 - 9:30 PM INTERMEDIATE ZOUK BRUNNO & PAULA

	TIME	STUDIO ONE	STUDIO TWO
WEDNESDAY	9:00 AM	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	ALL LEVELS - ADULT BALLET DEBBIE TORGESON
	11:00 AM		BEG - BALLROOM ACTIVE SENIORS STEPHEN SHOWERS
	12:00 PM	BEGINNING - WEST COAST SWING LAUREEN BALDOVI	
	1:00 PM	INTERMEDIATE - NIGHT CLUB 2-STEP LAUREEN BALDOVI	
	6:30 PM	WCS BASIC CLASS BRANDI GUILD	
	7:30 PM	WCS NOT-SO BASIC CLASS BRANDI GUILD	
8:30 PM	ALL LEVELS - SAMBA JASON RIVERS	JT SWING TEAM PRACTICE LAUREEN BALDOVI	

	TIME	STUDIO ONE	STUDIO TWO
THURSDAY	12:30 PM	INT - AMERICAN WALTZ JASON RIVERS	
	1:30 PM	INT - AMERICAN RUMBA JASON RIVERS	
	6:15 PM		
	7:00PM		
	7:30 PM	INTERMEDIATE - WEST COAST SWING ROTATING INSTRUCTORS	FREE INTRO TO WEST COAST SWING
	8:30 PM	8:30 - 10:30 PM OPENING DANCING \$10 ADMISSION	

	TIME	STUDIO ONE	STUDIO TWO
FRIDAY	9:00 AM		ALL LEVELS - ADULT BALLET/POINTE 9 - 11:30 AM - DEBBIE TORGESON
	5:30 PM		5:30 - 7PM - BEGINNING HIP HOP MATT PHELPS

	TIME	STUDIO ONE	STUDIO TWO
SATURDAY	9:30 AM	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	
	10:00 AM		8:30AM - 10:30AM - BEG - BALLET CLASS DEBBIE TORGESON CALL (619) 602-7223

	TIME	STUDIO ONE	STUDIO TWO
SUNDAY		STUDIO CLOSED SUNDAYS	STUDIO CLOSED SUNDAYS



APRIL 2019 STARLIGHT DANCE STUDIO



PARTIES		
SOUTHLAND HUSTLE PARTY		
5 Fri	7:30 - 8:30pm	BEGINNING HUSTLE LESSON
	7:30 - 8:30pm	INTERMEDIATE HUSTLE LESSON
	8:30 - 11:00pm	OPEN DANCING
	\$10 PER PERSON, INCLUDES LESSON AND LIGHT REFRESHMENTS	
ONEZOUK SOCIAL DANCE		
5 Fri	8:00 - 9:00pm	Beginners Workshop - Brunno
	9:00 - 10:00pm	Intermediate Workshop - TBD
	10:00pm - 2:00 am	OPEN DANCING
	\$5 per class, \$10 for social dance	
ZOUK WORKSHOPS - BEHIND THE HUG		
6-7 Sat-Sun	SAT: 1 - 5:30PM	The Physical Layer - Creating Flow
	SAT: 10PM-4AM	Zouk Social Dance
	SUN: 2 - 5PM	The Metaphysical Layers
	YUAN TSING	
2ND SATURDAY BALLROOM PARTY		
13 Sat	6:30 - 7:30pm	AMERICAN TANGO WORKSHOP
	7:30 - 10:00pm	OPEN DANCING
	TEACHER: JASON RIVERS	
	www.starlightdance.com	
\$10 ADMISSION		
INNOVATIONS		
20 Sat	7:00 - 8:00pm	BEG WEST COAST SWING WORKSHOP
	8:00 - 11:30pm	OPEN DANCING
	www.innovationsdance.org	
	\$15 NON-MEMBERS/ \$10 MEMBERS, FULL-TIME STUDENTS, MILITARY	
STARLIGHT SWING DANCE		
27 Sat	7:30 - 8:30pm	INT WORKSHOP
	8:30 - 12:00am	OPEN DANCING
	7:30 - 8:30pm	FREE Beginners Workshop
	www.starlightdance.com	
\$ 20 WORKSHOP & DANCE / \$10 JUST DANCE		

CLASS DESCRIPTIONS	
Intro to West Coast Swing	Learn the basics of the dance
Beg - West Coast Swing	Getting you started
Beg/Int - West Coast Swing	Making you comfortable
Int/Adv - West Coast Swing	Popular variations and styling
Adv - West Coast Swing	Upper level patterns and musicality
Ladies Movement & Technique	Open to all levels,
Beg - Brazilian Zouk	Learn the basics of the dance, WITHOUT body waves, head movements.
Int - Brazilian Zouk	Learn the flow of the dance, body waves, head movements, etc.
Int/Adv - Brazilian Zouk	Learn all the fun patterns.

CLOSED CLASSES	
* Zouk SD Dance Team	Every Tuesday of the month. To join the team contact Brunno (619) 592-9635
** Ladies Movement & Technique	Level 2 (Must complete Level 1 first)
***Ladies Movement & Technique	Level 3 (Must complete Level 1 and Level 2 first)

WEEKLY SOCIALS		
SWING THURSDAYS NIGHTS		
7:30 - 8:30 PM	Intermediate West Coast Swing Lesson	Free Intro WCS Lesson
8:30 PM - 10:45 PM	Open Dancing (WCSwing music)	Host: Rotating Instructors
Admission: \$10		

THURSDAY INSTRUCTORS		
INTERMEDIATE CLASS		INTRO CLASS
April 4, 2019	Trish & David	Kristine
April 11, 2019	Mike & Sam	Blaze
April 18, 2019	No Studio Dance - San Diego Dance Festival	
April 28, 2019	Brunno & Paula	Kristine
INSTRUCTORS MAY CHANGE WITHOUT NOTICE		

CLASS PRICING
\$15 - Drop In / \$7 w/ valid student ID
\$10 - When paying for the month