



MARCH 2019 STARLIGHT DANCE STUDIO CLASS SCHEDULE



MONDAY	TIME	STUDIO ONE	STUDIO TWO
	5:30pm		5:30 - 6:15PM KIDS BALLET (3-6YR) ALEXIS OSUNA
	6:15pm		6:15 - 7:00PM KIDS BALLET (7-12YR) ALEXIS OSUNA
	6:30pm	BEG - COUNTRY WESTERN 2 STEP DAVID & TRISH	
	7:30pm	INT - COUNTRY WESTERN 2 STEP DAVID & TRISH	ZOUK SD TEAM PRACTICE - TEAM B BRUNNO & PAULA
	8:30pm	INT - HUSTLE JOHN CHAPARRO	ZOUK SD TEAM PRACTICE - TEAM A BRUNNO & PAULA

TUESDAY	TIME	STUDIO ONE	STUDIO TWO
	12:30pm	BEG - AMERICAN FOXTROT BASICS JASON RIVERS	
	1:30pm	INT - VIENNESE WALTZ VARIATIONS JASON RIVERS	
	2:30pm	INT- AMERICAN WALTZ TECHNIQUE JASON RIVERS	
	7:30 PM	BEGINNING BALLROOM NICOLE WOODING	7:30 - 8:30 PM BEGINNERS ZOUK BRUNNO & PAULA
8:30 PM		8:30 - 9:30 PM INTERMEDIATE ZOUK BRUNNO & PAULA	

WEDNESDAY	TIME	STUDIO ONE	STUDIO TWO
	9:00am	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	ALL LEVELS - ADULT BALLET DEBBIE TORGESON
	11:00am		BEG - BALLROOM ACTIVE SENIORS STEPHEN SHOWERS
	12:00pm	BEGINNING - WEST COAST SWING LAUREEN BALDOVI	
	1:00pm	INTERMEDIATE - NIGHT CLUB 2-STEP LAUREEN BALDOVI	
	6:30pm	WCS BASIC CLASS BRANDI GUILD	6:15pm - 7:00PM KIDS HIP HOP (3-5YR) ALEXIS OSUNA
7:30pm	WCS NOT-SO BASIC CLASS BRANDI GUILD	7:00 - 7:45PM KIDS HIP HOP (6-12YR) ALEXIS OSUNA	
8:30pm	ALL LEVELS - BOLERO JASON RIVERS (CANCELLED MAR 13TH)	JT SWING TEAM PRACTICE LAUREEN BALDOVI	

THURSDAY	TIME	STUDIO ONE	STUDIO TWO
	12:30pm	INT - AMERICAN WALTZ JASON RIVERS	
	1:30pm	INT - RUMBA JASON RIVERS	
	6:15PM		
	7:00PM		
	7:30 PM	INTERMEDIATE - WEST COAST SWING ROTATING INSTRUCTORS	FREE INTRO TO WEST COAST SWING
8:30 PM	8:30 - 10:30 PM OPENING DANCING \$10 ADMISSION		

FRIDAY	TIME	STUDIO ONE	STUDIO TWO
	9:00am		ALL LEVELS - ADULT BALLET/POINTE 9 - 11:30 AM - DEBBIE TORGESON
	5:30Pm		5:30 - 7PM - BEGINNING HIP HOP MATT PHELPS

SATURDAY	TIME	STUDIO ONE	STUDIO TWO
	9:30am	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	
	10:00am		8:30AM - 10:30AM - BEG - JAZZ CLASS DEBBIE TORGESON CALL (619) 602-7223

SUNDAY	TIME	STUDIO ONE	STUDIO TWO
			STUDIO CLOSED SUNDAYS



MARCH 2019 STARLIGHT DANCE STUDIO



PARTIES		
SOUTHLAND HUSTLE PARTY		
1 Fri	7:30 - 8:30pm	BEGINNING HUSTLE LESSON
	7:30 - 8:30pm	INTERMEDIATE HUSTLE LESSON
	8:30 - 11:00pm	OPEN DANCING
	\$10 PER PERSON, INCLUDES LESSON AND LIGHT REFRESHMENTS	
ONEZOUK SOCIAL DANCE		
8 Fri	8:00 - 9:00pm	Beginners Workshop - Brunno
	9:00 - 10:00pm	Intermediate Workshop - TBD
	10:00pm - 2:00 ar	OPEN DANCING
\$5 per class, \$10 for social dance		
2ND SATURDAY BALLROOM PARTY		
9 Sat	6:30 - 7:30pm	BALLROOM WORKSHOP
	7:30 - 10:00pm	OPEN DANCING
	www.starlightdance.com	
\$10 ADMISSION		
INNOVATIONS		
16 Sat	7:00 - 8:00pm	BEG WEST COAST SWING WORKSHOP
	8:00 - 11:30pm	OPEN DANCING
	www.innovationsdance.org	
\$15 NON-MEMBERS/ \$10 MEMBERS, FULL-TIME STUDENTS, MILITARY		
ULTIMATE WEST COAST SWING INTENSIVE W/ ROBERT & BRANDI		
30 Sat	12:00 - 5:00pm	INTENSIVE WORKSHOPS
	ROBERT ROYSTON & BRANDI GUILD	
	\$160 W/ PRE-REGISTRATION / \$200 AT THE DOOR	
STARLIGHT SWING DANCE		
30 Sat	7:30 - 8:30pm	INT WORKSHOP W/ ROBERT ROYSTON
	8:30 - 12:00am	OPEN DANCING
	www.innovationsdance.org	
\$ 20 WORKSHOP & DANCE / \$10 JUST DANCE		

WEEKLY SOCIALS		
SWING THURSDAYS NIGHTS		
7:30 - 8:30pm	Intermediate West Coast Swing Lesson	Free Intro WCS Lesson
8:30pm - 10:45pm	Open Dancing (WCSwing music)	Host: Rotating Instructors
Admission: \$10		

CLASS DESCRIPTIONS	
Intro to West Coast Swing	Learn the basics of the dance
Beg - West Coast Swing	Getting you started
Beg/Int - West Coast Swing	Making you comfortable
Int/Adv - West Coast Swing	Popular variations and styling
Adv - West Coast Swing	Upper level patterns and musicality
Ladies Movement & Technique	Open to all levels,
Beg - Brazilian Zouk	Learn the basics of the dance, WITHOUT body waves, head movements.
Int - Brazilian Zouk	Learn the flow of the dance, body waves, head movements, etc.
Int/Adv - Brazilian Zouk	Learn all the fun patterns.

CLOSED CLASSES	
* Zouk SD Dance Team	Every Tuesday of the month. To join the team contact Brunno (619) 592-9635
** Ladies Movement & Technique	Level 2 (Must complete Level 1 first)
***Ladies Movement & Technique	Level 3 (Must complete Level 1 and Level 2 first)

THURSDAY INSTRUCTORS		
	INTERMEDIATE CLASS	INTRO CLASS
March 7,2019	Trish & David	Kristine
March 14,2019	Tony & Larisa	Blaze
March 21,2019	Mike & Sam	Brunno
March 28,2019	Brunno & Paula	Kristine
INSTRUCTORS MAY CHANGE WITHOUT NOTICE		

CLASS PRICING
\$15 - Drop In / \$7 w/ valid student ID
\$10 - When paying for the month