



MAY 2018

STARLIGHT DANCE STUDIO CLASS SCHEDULE



	TIME	STUDIO ONE	STUDIO TWO
MONDAY	6:30pm	BEG - COUNTRY WESTERN 2 STEP NANCY GRAB - NO CLASS MAY 28TH	
	7:30pm	INT - COUNTRY WESTERN 2 STEP NANCY GRAB - NO CLASS MAY 28TH	
	8:30pm	INT - HUSTLE NO CLASS MAY 28TH LAUREEN BALDOVI-MASON	

	TIME	STUDIO ONE	STUDIO TWO
THURSDAY	12:30pm	INT - AMERICAN FOXTROT JASON RIVERS - NO CLASS MAY 3RD	
	1:30pm	INT - AMERICAN BOLERO JASON RIVERS - NO CLASS MAY 3RD	
	6:30 PM	BEG - HUSTLE - NO CLASS MAY 3RD TRISH CONNERY WALKUP	HUSTLE CRITIQUE SESSION MAY 3RD ONLY 7-8:30PM
	7:30 PM	INT - WEST COAST SWING ROTATING INSTRUCTORS \$10 - LESSON & DANCE	INTRO TO WEST COAST SWING
	8:30 PM	8:30 - 10:30 PM SWING SOCIAL - \$5	9 - 11PM CLOSED HIP HOP TEAM PRACTICE

	TIME	STUDIO ONE	STUDIO TWO
TUESDAY	12:30pm	BEG - AMERICAN WALTZ JASON RIVERS - NO CLASS MAY 29TH	ARM STYLING FOR PARTNER DANCING MEG MCNASH
	1:30pm	INT - AMERICAN FOXTROT JASON RIVERS - NO CLASS MAY 29TH	
	2:30pm	INT - AMERICAN WALTZ JASON RIVERS - NO CLASS MAY 29TH	
	6:30 PM	WEST COAST SWING TECHNIQUE TONY & LARISA	7:00 - 8:00 PM ALL LEVELS ZOUK BRUNNO & PAULA NO CLASS MAY 15 & 22
	8:00 PM		8:00PM - 9:30PM ZOUK SD TEAM

	TIME	STUDIO ONE	STUDIO TWO
FRIDAY	9:00am		ALL LEVELS - ADULT BALLET/POINTE 9 - 11:30 AM - DEBBIE TORGESON
	8:00pm		

	TIME	STUDIO ONE	STUDIO TWO
WEDNESDAY	9:00am	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	ALL LEVELS - ADULT BALLET DEBBIE TORGESON
	11:00am		BEG - BALLROOM ACTIVE SENIORS STEPHEN SHOWERS
	12:00pm	BEG - WEST COAST SWING LAUREEN - NO CLASS MAY 30TH	
	1:00pm	BEG - NIGHT CLUB 2-STEP LAUREEN - NO CLASS MAY 30TH	
	6:30pm	BEYOND BASICS - WEST COAST SWING TONY & LARISA	BEG - ARGENTINE TANGO PATRICIA BECKER
	7:30pm	ADV - WEST COAST SWING TONY & LARISA	INT - ARGENTINE TANGO PATRICIA BECKER
	8:30pm	INT - AMERICAN TANGO JASON RIVERS	

	TIME	STUDIO ONE	STUDIO TWO
SATURDAY	9:30am	TOTAL BODY WORKOUT 9:30 - 10:30AM - JENAN WILFAHRT	
	10:00am		10 - 11:30AM - BEG - JAZZ CLASS DEBBIE TORGESON CALL (619) 602-7223
	2:00pm		
	3:00pm		

	TIME	STUDIO ONE	STUDIO TWO
SUNDAY	4:00 PM		
	5:00 PM		5 - 6:30 PM BEG - HIP HOP - \$15 MATT PHELPS

* Check the back for details

CLASS PRICING
\$15 - Drop In / \$7 w/ valid student ID
\$10 - When paying for the month



MAY 2018 STARLIGHT DANCE STUDIO



PARTIES		
3 Thur	SPECIAL HUSTLE CRITIQUE SESSION	
	7:00 - 8:30pm HUSTLE CRITIQUE SESSION	HOST: DEBRA HAMPTON
\$20 PRE-REGISTRATION / \$25 AT THE DOOR		
4 Fri	SOUTHLAND HUSTLE PARTY	
	7:00 - 7:45pm BEGINNING HUSTLE LESSON	HOST: LAUREEN BALDOVI-MASON & TRISH CONNERY WALKUP
	7:00 - 7:45pm INTERMEDIATE HUSTLE LESSON	
	7:00 - 11:00pm	
\$10 PER PERSON, INCLUDES LESSON AND LIGHT REFRESHMENTS		
11 Fri	SD ONEZOUK SOCIAL DANCE	
	8:00 - 9:00pm Workshop w/ Brunno & Paula	HOST: BRUNNO THEODORO & PAULA CAVALCANTI
	9:00 - 10:00pm Workshop w/ John & Shiloh	
	10:00pm - 2:00 ar OPEN DANCING	
\$5 per class, \$10 for social dance		
12 Sat	BALLROOM PARTY	
	6:30 - 7:30pm BALLROOM WORKSHOP	GUEST HOST: JASON RIVERS
	7:30 - 10:00pm OPEN DANCING	
	www.starlightdance.com	
\$10 ADMISSION		
19 Sat	INNOVATIONS	
	7:00 - 8:00pm BEG WEST COAST SWING WORKSHOP	HOST: INNOVATIONS
	8:00 - 11:30pm OPEN DANCING	
	www.innovationsdance.org	
\$15 NON-MEMBERS / \$10 MEMBERS, FULL-TIME STUDENTS, MILITARY		

CLASS DESCRIPTIONS	
Intro to West Coast Swing	Learn the basics of the dance
Beg - West Coast Swing	Getting you started
Beg/Int - West Coast Swing	Making you comfortable
Int/Adv - West Coast Swing	Popular variations and styling
Adv - West Coast Swing	Upper level patterns and musicality
Ladies Movement & Technique	Open to all levels.
Beg - Brazilian Zouk	Learn the basics of the dance, WITHOUT body waves, head movements.
Int - Brazilian Zouk	Learn the flow of the dance, body waves, head movements, etc.
Int/Adv - Brazilian Zouk	Learn all the fun patterns.

CLOSED CLASSES	
* Zouk SD Dance Team	Every Tuesday of the month. To join the team contact Brunno (619) 592-9635
19 ** Ladies Movement & Technique	Level 2 (Must complete Level 1 first)
***Ladies Movement & Technique	Level 3 (Must complete Level 1 and Level 2 first)

WEEKLY SOCIALS		
SWING THURSDAYS NIGHT		
7:30 - 8:30pm	Intermediate & Intro Lesson	Host: Rotating Instructors
8:30pm	Open Dancing (WCSwing music)	
\$10 for Lesson & Dance. \$5 for just the dance.		