



# MARCH 2018

## STARLIGHT DANCE STUDIO CLASS SCHEDULE



|        | TIME    | STUDIO ONE                                       | STUDIO TWO |
|--------|---------|--|------------|
| MONDAY | 12:00pm | BEG - WEST COAST SWING<br>LAUREEN BALDOVI-MASON  |            |
|        | 1:00 PM | BEG - NIGHT CLUB 2-STEP<br>LAUREEN BALDOVI-MASON |            |
|        | 6:30pm  | BEG - COUNTRY WESTERN 2 STEP<br>DAVID & TRISH    |            |
|        | 7:30pm  | INT - COUNTRY WESTERN 2 STEP<br>DAVID & TRISH    |            |
|        | 8:30pm  | BEG/INT - HUSTLE<br>DAVID & TRISH                |            |

|          | TIME    | STUDIO ONE   | STUDIO TWO                                      |
|----------|---------|--|---|
| THURSDAY | 12:30pm | INT - AMERICAN TANGO<br>JASON RIVERS   |   |
|          | 1:30pm  | INT - AMERICAN CHA CHA<br>JASON RIVERS   |   |
|          | 6:30 PM | BEG - HUSTLE<br>TRISH CONNERY WALKUP   |   |
|          | 7:30 PM | INT - WEST COAST SWING<br>ROTATING INSTRUCTORS <b>NO CLASSES MARCH 29TH</b><br>\$10 - LESSON & DANCE | INTRO TO WEST COAST SWING                       |
|          | 8:30 PM | <b>8:30 - 10:30 PM SWING SOCIAL - \$5</b><br><b>NO DANCE MARCH 29TH</b>                              | <b>9 - 11PM CLOSED HIP HOP</b><br>TEAM PRACTICE |

|         | TIME                             | STUDIO ONE  | STUDIO TWO                                       |
|---------|----------------------------------|---|--|
| TUESDAY | 12:30pm                          | BEG - AMERICAN FOXTROT<br>JASON RIVERS & MEG MCNASH |  |
|         | 1:30pm                           | INT - AMERICAN FOXTROT<br>JASON RIVERS & MEG MCNASH |  |
|         | 2:30pm                           | INT - AMERICAN WALTZ<br>JASON RIVERS                |  |
|         | 6:30 PM                          | WEST COAST SWING TECHNIQUE<br>TONY & LARISA         | 7:00 - 8:00 PM ALL LEVELS ZOUK<br>BRUNNO & PAULA |
|         | 7:30 PM                          | BEG - BALLROOM/LATIN<br>MEG MCNASH                  | 8:00PM - 9:30PM ZOUK SD TEAM                     |
| 8:30 PM | INT AMERICAN RUMBA<br>MEG MCNASH |   |  |

|        | TIME   | STUDIO ONE | STUDIO TWO   |
|--------|--------|------------|--|
| FRIDAY | 9:00am |            | ALL LEVELS - ADULT BALLET/POINTE<br>9 - 11:30 AM - DEBBIE TORGESON |
|        | 8:00pm |            |  |

|          | TIME    | STUDIO ONE | STUDIO TWO   |
|----------|---------|------------|--|
| SATURDAY | 10:00am |            | 10 - 11:30AM - BEG - JAZZ CLASS<br>DEBBIE TORGESON CALL (619) 602-7223 |
|          | 12:00pm |            |  |
|          | 2:00pm  |            |  |
|          | 3:00pm  |            |  |

|           | TIME    | STUDIO ONE  | STUDIO TWO                                       |
|-----------|---------|---|--|
| WEDNESDAY | 9:00am  |   | ALL LEVELS - ADULT BALLET<br>DEBBIE TORGESON     |
|           | 11:00am |   | BEG - BALLROOM ACTIVE SENIORS<br>STEPHEN SHOWERS |
|           | 6:30pm  | BEYOND BASICS - WEST COAST SWING<br>TONY & LARISA | BEG - ARGENTINE TANGO<br>PATRICIA BECKER         |
|           | 7:30pm  | ADV - WEST COAST SWING<br>TONY & LARISA           | INT - ARGENTINE TANGO<br>PATRICIA BECKER         |
|           | 8:30pm  | INT - AMERICAN VIENNESE WALTZ<br>JASON RIVERS     |  |

|        | TIME    | STUDIO ONE | STUDIO TWO                                      |
|--------|---------|------------|---|
| SUNDAY | 4:00 PM |            |   |
|        | 5:00 PM |            | 5 - 6:30 PM BEG - HIP HOP - \$15<br>MATT PHELPS |

\* Check the back for details

| CLASS PRICING                            |
|--|
| \$15 - Drop In / \$7 w/ valid student ID |
| \$10 - When paying for the month         |



# MARCH 2018

## STARLIGHT DANCE STUDIO



| <b>PARTIES</b>  |                                |                               |
|---|--------------------------------|-------------------------------|
| <b>2</b><br>FRI   | <b>SOUTHLAND HUSTLE PARTY</b>  |                               |
|   | 7:00 - 7:45pm                  | BEGINNING HUSTLE LESSON       |
|   | 7:00 - 7:45pm                  | INTERMEDIATE HUSTLE LESSON    |
|   | 7:00 - 11:00pm                 |                               |
| HOST: LAUREEN BALDOVI-MASON & TRISH CONNERY WALKUP          |                                |                               |
| \$10 PER PERSON, INCLUDES LESSON AND LIGHT REFRESHMENTS     |                                |                               |
| <b>3</b><br>Sat   | <b>INNOVATIONS</b>             |                               |
|   | 7:00 - 8:00pm                  | BEG WEST COAST SWING WORKSHOP |
|   | 8:00 - 11:30pm                 | OPEN DANCING                  |
|   | www.innovationsdance.org       |                               |
| HOST: INNOVATIONS   |                                |                               |
| \$15 NON-MEMBERS/\$10 MEMBERS, FULL-TIME STUDENTS, MILITARY |                                |                               |
| <b>9</b><br>Fri   | <b>SD OneZouk Social Dance</b> |                               |
|   | 8:00 - 9:00pm                  | Workshop w/ Brunno & Paula    |
|   | 9:00 - 10:00pm                 | Workshop w/ John & Shiloh     |
|   | 10:00pm - 2:00 ar              | OPEN DANCING                  |
| HOST: BRUNNO THEODORO & PAULA CAVALCANTI                    |                                |                               |
| \$5 per class, \$10 for social dance                        |                                |                               |
| <b>10</b><br>Sat  | <b>BALLROOM PARTY</b>          |                               |
|   | 6:30 - 7:30pm                  | BALLROOM WORKSHOP             |
|   | 7:30 - 10:00pm                 | OPEN DANCING                  |
|   | www.starlightdance.com         |                               |
| GUEST HOST: NICOLE WOODING                                  |                                |                               |
| \$10 ADMISSION  |                                |                               |
| <b>17</b><br>Sat  | <b>INNOVATIONS</b>             |                               |
|   | 7:00 - 8:00pm                  | BEG WEST COAST SWING WORKSHOP |
|   | 8:00 - 11:30pm                 | OPEN DANCING                  |
|   | www.innovationsdance.org       |                               |
| HOST: INNOVATIONS   |                                |                               |
| GUEST INSTRUCTORS: MAXIME & TORRI ZZAQUI                    |                                |                               |
| \$15 NON-MEMBERS/\$10 MEMBERS, FULL-TIME STUDENTS, MILITARY |                                |                               |
| <b>24</b><br>Sat  | <b>PROJECT SWING</b>           |                               |
|   | 7:30 - 8:30pm                  | WEST COAST SWING WORKSHOP     |
|   | 8:30 - 11:30pm                 | OPEN DANCING                  |
|   | Facebook: Project Swing        |                               |
| HOST: PARKER DEARBORN                                       |                                |                               |
| \$10 Admission  |                                |                               |

| <b>CLASS DESCRIPTIONS</b>   |  |
|-----------------------------|--|
| Beg - West Coast Swing      | Getting you started  |
| Beg/Int - West Coast Swing  | Making you comfortable   |
| Int/Adv - West Coast Swing  | Popular variations and styling                                     |
| Adv - West Coast Swing      | Upper level patterns and musicality                                |
| Ladies Movement & Technique | Open to all levels,  |
| Beg - Brazilian Zouk        | Learn the basics of the dance, WITHOUT body waves, head movements. |
| Int - Brazilian Zouk        | Learn the flow of the dance, body waves, head movements, etc.      |
| Int/Adv - Brazilian Zouk    | Learn all the fun patterns.  |

| <b>CLOSED CLASSES</b>             |   |
|-----------------------------------|---|
| * Zouk SD Dance Team              | Every Tuesday of the month.<br>To join the team contact Brunno (619) 592-9635 |
| 19 ** Ladies Movement & Technique | Level 2 (Must complete Level 1 first)   |
| ***Ladies Movement & Technique    | Level 3 (Must complete Level 1 and Level 2 first)                             |

| <b>WEEKLY SOCIALS</b>                            |                              |                            |
|--|------------------------------|----------------------------|
| <b>SWING THURSDAYS NIGHT</b>                     |                              |                            |
| 7:30 - 8:30pm                                    | Beginning Lesson             | Host: Rotating Instructors |
| 8:30pm   | Open Dancing (WCSwing music) |                            |
| \$10 for Lesson & Dance. \$5 for just the dance. |                              |                            |